

#PrevChat 11-27-12

Guest: @Center_for_AI

Topic: Transforming Conversation with AI

username	status update
PreventionGeek	Lessons in #prevchat: Don't miss the middle third of the chat--the acronyms can be killers! Oh & mobile
coyenantor	We missed you @Ken_Homer @DrJeremySegrott @vickiebadams @circlesofsa @TXStandingTall transcript
ExpertCompany	@PrevChat @Melissa_Robaina @Center_for_AI Appreciate chatting #prevchat
PrevChat	RT @ExpertCompany: RT @Center_for_AI: Want to learn more about Appreciative Inquiry &
coyenantor	RT @ExpertCompany: RT @Center_for_AI: learn more abt Appreciative Inquiry & Conversations - check
PrevChat	Thank you everyone for engaging, sparking inquiry and curiosity and making tonite's #PrevChat a fun learning
ExpertCompany	Curious about how Appreciative Inquiry can benefit you & your org? Contact @Kathy_Becker_ at
PrevChat	Deep gratitude for @Center_for_AI serving as our guest & @Kathy_Becker @Melissa_Robaina Applause,
Center_for_AI	TY @prevchat & @coyenantor 4 inviting us to be a guest tweeter! Thoroughly enjoyed meeting new ppl
ExpertCompany	RT @Center_for_AI: Want to learn more about Appreciative Inquiry & Conversations? Check out our
ExpertCompany	@CommunityMGR Yes. Wonder how we might inspire Trans Con? #prevchat
PreventionGeek	RT @Center_for_AI: Want to learn more about Appreciative Inquiry & Conversations? Check out our
Center_for_AI	Want to learn more about Appreciative Inquiry & Conversations? Check out our webinar http://t.co/
coyenantor	RT @PrevChat: Qwrap Re-introduce yourself, location, tell us something youd like us to know abt u/ur work
Dept_Chair_Inst	Thanks to everyone. #Prevchat
PrevChat	PrevChat holiday -- Next #PrevChat on Jan 8 at 1 PM ET Tweet a topic or person would you like to tweetchat
ExpertCompany	Questions create our experience. Ask yourself, what are your 3 greatest wishes for your future? What emotions
Center_for_AI	RT @U2InterestEd: @Center_for_AI #prevchat I ask about a "mountain top experience" or "peak experience"
coyenantor	LaDonna, Yantis, TX I do social media technology in prevention and love learning - tonite has been awesome!
EmpoweredVA	RT @CommunityMGR: Ppl use social media for various reasons, underlying concept is that they want ppl to
Center_for_AI	RT @U2InterestEd: #prevchat To engage creativity and move through the messy "gray" area. It's in this space
PreventionGeek	RT @Center_for_AI: Exercise: instead of asking someone "how was ur day?" ask "What was the BEST part of
Center_for_AI	@dcoffbeatartist But why not use positive dialogue when generating those new, shared outcomes? Def
PreventionGeek	Qwrap: Raye, Washington state. #MyWish Prevention through Positivity! #prevchat
Center_for_AI	@dcoffbeatartist Conversations, like AI, r not a one time occurrence. Outcomes can & should be
CommunityMGR	RT @Center_for_AI: Exercise: instead of asking someone "how was ur day?" ask "What was the BEST part of
U2InterestEd	#prevchat To engage creativity and move through the messy "gray" area. It's in this space that some pf the
ExpertCompany	Wish that you each practice with one person tonight. Allow the narrative to begin and watch the engagement
dcoffbeatartist	RT @coyenantor: @Center_for_AI What a nice addition to #PrevChat "what was the best part of your day?" TY
Dept_Chair_Inst	What small change could we make that would move us towards a desirable future? #Prevchat

CommunityMGR	@expertcompany Even more in person where SOAR, Trans Conv & AI are great. Online it's another
dcoffbeatartist	My wish for the future would be to examine how the stories we tell ourselves can limit or expand who we are
coyenator	@Center_for_AI What a nice addition to #PrevChat "what was the best part of your day?" TY #prevchat
U2InterestEd	@Center_for_AI #prevchat I ask about a "mountain top experience" or "peak experience" for the day.
Kathy_Becker_	My wish is for people to be open. Imagine more than you see #Prevchat
Center_for_AI	Exercise: instead of asking someone "how was ur day?" ask "What was the BEST part of ur day?" Note the
CommunityMGR	Yes, listening is a form of engagement, but only listening & not engaging = 1st step to neg outcomes. SM
ExpertCompany	@CommunityMGR I think all want to be heard and that is important SM or in person #prevchat
PreventionGeek	RT @CommunityMGR: Ppl use social media for various reasons, but the underlying concept is that they want
dcoffbeatartist	@Center_for_AI But holding on to outcomes can lead to disappointment. since future's unpredictable, no?
PrevChat	Qwrap Re-introduce yourself, location, tell us something you'd like us to know about you/your work #PrevChat
ExpertCompany	Act in Alignment" – think & behave in ways that are consistent w/ your Ideal future. #prevchat
Center_for_AI	@dcoffbeatartist or we ask "If everything was working as it should, what does the ideal future look like to u?"
U2InterestEd	RT @ExpertCompany: Each person imagines their ideal. Metaphors help to realize that potential #prevchat
U2InterestEd	RT @Center_for_AI: @dcoffbeatartist we will often ask ppl "What are your 3 greatest wishes for the future?"
CommunityMGR	Ppl use social media for various reasons, but the underlying concept is that they want ppl to pay attention,
pspear	RT @Center_for_AI: Step3: Affirm. Everyone owns a piece of the truth about reality. #prevchat
ExpertCompany	Each person imagines their ideal. Metaphors help to realize that potential #prevchat
Center_for_AI	@dcoffbeatartist we will often ask ppl "What are your 3 greatest wishes for the future?" #prevchat
U2InterestEd	RT @Melissa_Robaina: A6: Listening Authentically can improve relationships by reducing conflicts,
CommunityMGR	RT @center_for_ai: "Listen. Authentic listening is a monologue not dialogue..." #prevchat
coyenator	@CommunityMGR I don't understand James. Say more about online trust? #prevchat
Melissa_Robaina	A6: Listening Authentically can improve relationships by reducing conflicts, strengthening cooperation &
ExpertCompany	A5 Kelm's AIA begins w/ Appreciating the present rather than asking what's wrong, ask what's right #prevchat
U2InterestEd	RT @Center_for_AI: Step 7: Commit to action. What steps can each person take to move toward your ideal
coyenator	A6 Appreciate the notion of developing "conversational awareness". #prevchat
dcoffbeatartist	@Center_for_AI How can we define "ideal future"? #prevchat
Dept_Chair_Inst	A6 Appreciative conversations invite you to see the good in others as well as yourself. #Prevchat
CommunityMGR	@u2interested In private yes. Online "trust" is diff. Ppl trust who they allow to listen, w/ little thought of the
U2InterestEd	RT @Kathy_Becker_: Art and practice of asking questions to strengthen capacity #Prevchat
Center_for_AI	Step 7: Commit to action. What steps can each person take to move toward your ideal future? How can we
Center_for_AI	Step 6: Explore next steps. Together, describe the ideal outcome – what does the ideal future look & feel
Kathy_Becker_	Developing your conversational awareness. Jackie Kelm has a great model referwhen learning to live/
Center_for_AI	Step5: Reflect/Resolve. Step back & find out where u are. What do u know now that you didn't before?
U2InterestEd	RT @Center_for_AI: Step4: Inquire. Ask genuine, open questions. Seek to learn and understand. Avoid blame

U2InterestEd	RT @Center_for_AI: Step2: Frame. Interrogate reality, not the person. Clarify the issue. Tell them what u heard
dcoffbeatartist	Except maybe in American politics! RT @Center_for_AI: Step3: Affirm. Everyone owns a piece of the truth
Center_for_AI	Step4: Inquire. Ask genuine, open questions. Seek to learn and understand. Avoid blame #prevchat
Center_for_AI	Step3: Affirm. Everyone owns a piece of the truth about reality. #prevchat
coyenator	A5 Makes me think of my friend Stephanie and the learning question. What can we learn from this? To often
Center_for_AI	Step2: Frame. Interrogate reality, not the person. Clarify the issue. Tell them what u heard and ask if what you
Center_for_AI	Step1: Listen. Authentic listening is a monologue not dialogue. Let the person who's talking finish their thought
Kathy_Becker_	Art and practice of asking questions to strengthen capacity #Prevchat
CommunityMGR	@center_for_ai True, but ppl share because they want some kind of engagement. We don't put stuff out there
Center_for_AI	A6: It takes mindful practice to engage in appreciative conversations. Here are 7 steps to help you begin:
PrevChat	Q6. How can I learn to have Appreciative conversations? #PrevChat
coyenator	@CommunityMGR Maybe that comes back to the tenor of the conversation. What conditions encourage
Center_for_AI	@CommunityMGR listening is a form of engagement. Ppl want to be heard. Giving them the opportunity to be
U2InterestEd	@CommunityMGR #prevchat It would take a practiced facilitator and high trust levels in the members of the
ExpertCompany	The data shows that we need a balance of three to one positive thoughts to flourish. #prevchat
PreventionGeek	RT @Center_for_AI: @PreventionGeek not only listening, but also practice reframing the situation. What can we
ExpertCompany	We can languish or flourish - Barbara Frederickson #prevchat
Dept_Chair_Inst	@Kathy_Becker_ hope is the eternal light that encourages mankind. #Prevchat
CommunityMGR	@preventiongeek Yes, listening is important, but not engaging is a critical flaw. You must follow up with AI, or
Center_for_AI	@PreventionGeek not only listening, but also practice reframing the situation. What can we learn? What is the
dcoffbeatartist	@coyenator If listener can refrain from negative reaction, investigate why someone sees prob in negative light,
ExpertCompany	@PreventionGeek Exactly. However, if we can create positive questions we see people who are very neg open
PreventionGeek	RT @CommunityMGR: Neg. conversations are an underutilized opportunity for most organizations. They fear
coyenator	RT @Center_for_AI: Tip3 Create. Negative emotions r wonderful gifts 4 change. Need to learn how to work w/
U2InterestEd	@PrevChat #Prevchat Avoid asking "Why?" "Why?" can sound accusatory. I like "Tell me more..." "What
CommunityMGR	Neg. conversations are an underutilized opportunity for most organizations. They fear and ignore, when then
Kathy_Becker_	A5 Secret is learning how to turn the pain and fear into hope and inspiration #Prevchat
Dept_Chair_Inst	A5 Rather than move to threats,constraints and weaknesses we move toward what we want more of.
Center_for_AI	Tip3 Create. Negative emotions are wonderful gifts for change. We just need to learn how to work with them 2
PreventionGeek	Q5 Wouldn't those negative conversations also provide an opportunity to practice listening? #prevchat
coyenator	@dcoffbeatartist How do negative conversations provide opportunity for curiosity? Don't understand?
Center_for_AI	Tip2 Reframe. People usually know what they don't want. What is the positive opposite? What do you wish to
dcoffbeatartist	A5 Is reframing convo about becoming unstuck? Brain is plastic - can learn/edge new pathways #prevchat
U2InterestEd	#prevchat I will often inquire into what are the roots or core of the negative issue presented.
complexified	#prevchat A5: meet negativity with respect & curiosity.. " tell me more.." to seek underlying beliefs &

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